

# GCS SPORTS



08/12/2024

## AUGUST NEWS

Welcome back GCS families! We are starting this school year with volleyball and Cross Country. Our first home volleyball game will be on Friday August 30, 2024. JV will play at 4:30pm, then Girls Varsity and Boys Varsity will follow. Look on our school website for the full schedule. We look forward to seeing you there!

Cross Country practice will begin the second week of school. All students 6th-12th grade are welcome to join the team. We will have 4 meets, all of which will be a 3.1 mile race competing against the other schools in our conference. Our meet dates are 9/7/24, 9/14/24, 9/21/24, and 9/28/24. Our Conference championship will be held on 9/21/24 and the State Championship will be held on 9/28/2024.



## UPCOMING EVENTS

- 8/14/2024** Volleyball sports fee due
- 8/15/2024** Athletics Meeting @ 6:30
- 8/19/2024** First Cross Country Practice
- 8/27/2024** Volleyball Away @ HOPE
- 8/29/2024** Volleyball Away @ Elfers
- 8/30/2024** Volleyball Home vs SHCS

## IMPORTANT INFORMATION

- **Athletics Meeting for ALL parents and athletes** who are currently involved in GCS sports, or are wanting to be involved later this year, will be held Thursday 8/15/2024 from 6:30-7:15pm in the Gymnasium.
- In order to participate in Cross Country, students must have an updated Sports Physical, GCS Guidelines form, Participation Form, and a copy of the student's insurance card submitted to the Athletic Director.